**Bakersfield College - CAS Descriptions Spring 2014**

C.A.S.

**Critical Academic**

**Skills Workshop CAS: Critical Academic Skills Workshops**

**FIND THE CAS WORKSHOPS YOU NEED!**

Each workshop offers active learning activities. Workshops begin promptly! CAS schedule is available on InsideBC under the Student tab.

**Study and Life Skills**

**Be a Successful Student**

This workshop will help students

assimilate on the college

campus. Topics discussed will

be the differences between college vs. high school and

navigating the college system.

They will also learn why it is

important to know the campus

culture, expectations, also pitfalls that may arise, and where to go for assistance.

**Maximize Memory**

In this workshop, students will

learn to identify and

demonstrate memory techniques, including

concentration, classification,

repetition, association, and

mnemonic devices. They will

learn 12 principles to help

increase memory skills!

**Getting Organized**

This workshop will help a

student plan ahead for quizzes,

tests, midterms, and finals by

creating their own personalized

academic calendar with

important dates for each course,

as well as important dates on the BC campus.

**Test Taking Tips**

Upon completion, attendees

should understand and be able to apply the PIRATES strategy

and its subsets to a real test

situation. **PIRATES**: **P**repare to

succeed; **I**nspect the

instructions; **R**ead, **R**emember,

**R**educe; **A**nswer or **A**bandon;

**T**urn Back; **E**stimate; **S**urvey

**Successful Note Taking Skills**

Students will realize the importance of sharpening their listening skills and learn to use

standard methods of note taking

including punctuation,

abbreviations, margins, and

effective use of the CORNELL SYSTEM.

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**English Skills**

**Preventing Plagiarism**

The plagiarism workshop

tackles basic plagiarism

problems through discussion

and use of examples. After

discussing and defining various kinds of plagiarism, the students will examine sample

paraphrases and quotes,

comparing them to the original

passages to determine accuracy

and detect any plagiarism problems in the passages.

Finally, students will work in

groups to practice paraphrasing a passage of writing.

**How to Paraphrase**

Students will refine their ability to reconstruct ideas from text in their own words for a number of purposes: 1) to demonstrate understanding of a particular passage, 2) to produce a coherent summary, and 3) to avoid the potential for plagiarism.

**How to Summarize**

Students are first taught the SQ3R Method for reading a passage. Next, they are shown how to take notes on the same passage and, finally, how to transform the main ideas and major details of their notes into a well-developed summary of the material. Extensive modeling and opportunities to practice are provided throughout the workshop.

**Fragments and Run-ons**

Students will learn to identify a

fragment and acquire ways to fix the fragment to make it an

independent sentence using a variety of strategies. Students will also learn to identify run-on sentences (fused and

comma splice) and develop ways to repair the run-on using different approaches.

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